



Breaking Wind



The Newsletter of Frensham Pond Sailability

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IN THIS ISSUE

- 1 June Bonner, A Message From The Chairman
- 2 Youth Group, Pippa Wilson Visit, Fundraising News
- 3 FPS Member Discounts
- 4 Fee Increases, Making (Air)waves, Competition News
- 5 A European Experience
- 6 Frensham 2.4 Open, Calendar of Events, Tailpiece

June Bonner



With much sadness we have to report that June Bonner passed away early on 13th May after a long battle with cancer. The funeral will be held on Thursday 30th May, 12.15pm at Aldershot Crematorium, followed by a reception at The Blue Bell Inn Dockenfield, 2-4pm.

Many of you will be aware that Sailability owes much to June and of course to her husband Ted. June's first husband, Peter Hooper, was an energetic double amputee. In 1981 they started Farnham & District Sports Association for the Disabled (FDSAD), with swimming as its primary activity. The following year, in 1982, Ted started disability sailing at Frensham, run by FDSAD. In 2001, following a major fundraising and construction project at the Sailing Club, Frensham Pond Sailability was formed as a working partnership

between the Sailing Club and FDSAD.

June was Membership Secretary for FDSAD and continued to run the Saturday morning swimming sessions at Farnham Leisure Centre for over 30 years, until her illness forced her to stop only recently. June was also Membership Secretary for Sailability from 2001 until 2011.



Many of you will know that our Access 2.3 'June 2' (and 'June' before that) was very appropriately named after June Bonner. The photos show June christening the boat, which was funded by a very generous donation from the Lions Club of Fleet, on a grey day in April 2009. June '2' will ensure that June 'B' will always remain in our thoughts.

A Message from the Chairman

Kate Richardson, FPS Chairman

Despite a somewhat frustrating start to our sailing season, with either freezing temperatures or too much wind, many of you have still been able to get afloat and enjoy the challenge of Frensham Pond.

Our three regular schools groups have been with us on a Thursday morning, joining our other morning sailors and the Sailability Youth Group has been meeting early on a Saturday morning. In addition, our more experienced racing sailors have been very active with three TT events completed and a trip to the European Access Championships in Switzerland, congratulations to Lindsay on her Gold medal winning performance in the 2.3 class!

If you are still thinking about coming along to join again this year – wrap up warm and come along on a Thursday and a Saturday morning. Boats and buddies are waiting. Thank you for the huge amount of helper support and fundraising that enables all this happen. We couldn't do it without you! Best wishes to all, Kate.

The Youth Group

Kate Richardson, FPS Chairman

The Youth Group has been well attended since the start of the season with all of our Access 2.3 boats on the water early every Saturday morning. Olly Fitzgerald (a successful ex- Cadet sailor) has agreed to lead the group in addition to Ella and Becky , two of our young helpers from last year.



We had the official launch of Cloud Nine, our new Access 2.3 boat on Saturday 11 May. This boat was funded by a grant from the Wisley Foundation to support the FPS Youth Project. Dawn Lee, a trustee of the Wisley Foundation and Megan Pascoe, a 2.4mR Paralympic elite sailor joined us for the morning and launched Cloud Nine.

Throughout the morning the Wisley representatives were able to see our Youth Group in action with a slightly different session to normal. As part of our goal to integrate into the Club we arranged a joint sailing session with the FPSC cadets. The Youth Group were each buddied with a cadet sailor in Access 303's and enjoyed a race training session led by Megan.



Before the launch, Dawn Lee presented the Wisley Youth Endeavour Trophy to David Pittman for his sailing achievement and positive attitude to the sport and a small gift to Lara Sturgis for choosing the name "Cloud Nine".



Megan was a great inspiration to the youngsters and highlighted the importance of the Group for young disabled sailors. Our thanks to Tony Machen for the photos and for the excellent video of these activities which you can see here:

<http://www.youtube.com/watch?v=hMNyH593IVQ>

An Olympic Sailor Visits FPS

Pippa Wilson MBE was a very welcome visitor to Frensham on 16th May. Pippa won a Gold Medal with Sarah Ayton and Sarah Webb in the Yngling Class in the 2008 Beijing Olympics and has just completed her Sports Science degree at Chichester University.



Pippa with Abbey School students (photo Iain Philpott)

A former Cadet sailor, Pippa came to see students from The Abbey School in action as FPS is supporting the school's bid for funding from Active Surrey. We look forward to a return visit soon and hope to get her out on the water in an Access 303 with our racers. Have a look at Pippa's website here: <http://www.pippawilson.co.uk/>

Fundraising News

Brian Grimwood, FPS Trustee responsible for fundraising

I am pleased to report that our finances remain healthy , thanks to the wonderful (and in some cases as below – 'perspirational') support from our

members and friends. Highlights to report in this Newsletter are:

Cranleigh Preparatory School master Dudley Manning continues his amazing 'ultra-running' events with sponsorship monies coming to FPS. This has generated over £2,600 for FPS to-date, with two events still to come. For more information and/or make a donation, please click on:

<http://www.justgiving.com/Dudley-Manning1>



We are delighted with the support from Cranleigh Preparatory School 6th Form. We look forward to meeting Dudley and a group of students from the school who will be visiting us on 20 June.

Our 'evergreen' helper Bob Cornwell ran his first on-road marathon in the London Marathon in May, raising over £600 for FPS. Bob was 57th in his age category with a time of 3:58:42, a really good effort.

FPS helpers Sol Ocampo & Vicki Maisey are organising a 'Team FPS' entry into this year's Liphook and District Businessmen's Association 25 mile charity bike ride on Sunday 9th June. You can support Vicki and Sol, and FPS, either by entering the ride yourself or by sponsoring the FPS riders. For more information and to make a donation please see

<http://www.justgiving.com/vicki-sol>

Our grateful thanks to all of the above.

On an unusually pleasant (for this year!) Thursday morning in May, our new Access 303 'Weysider' was formally launched by the President of the Rotary Club of Farnham Weyside, Linda Pattie.



Linda Pattie & fellow Farnham Weyside Rotarians

FPS was fortunate to be the primary beneficiary from funds raised from the September 2012 Farnham Weyside Pilgrims Marathon. We would like to thank all the Farnham Weyside Rotary members for the magnificent donation of £6,500. Particular thanks should go to David Holdford, the primary organiser of the marathon event.

Following the launch, Linda was taken for a cruise by FPS member Christine David around the Pond (and back!) in 'Weysider'. Photos by Allan Franklin.



Finally, the untimely death of FPSC member and friend of FPS, Tim Hemsley, was reported in the previous edition of the Newsletter. Tim's family kindly nominated FPS as one of two beneficiaries for donations in memory of Tim.

We are pleased to report that two four-seater oak garden benches with plaques have been bought with the donation money. These are now located on the grassed area overlooking the Sailability jetties. This meets an identified need for more seating and is an appropriate way of remembering Tim.

FPS Member Discounts

Mark Greenwood, FPS Membership Services

We are pleased to announce the first of a series of supplier discounts exclusively for Sailor Members of Frensham Sailability! Many of you will know Peter Norfolk as the Gold medal winning Paralympic wheelchair tennis champion. Peter also has a successful business supplying equipment to aid and support disabled people – in fact the company is called Equipment for the Physically Challenged, website address: www.epc-wheelchairs.co.uk

Peter has kindly agreed to provide Frensham Sailability members with a discount of 10% on all spares and 5% on new wheelchairs. To access the discount, just drop me an email on mark_greenwood@btinternet.com or call on 01428 727040 and I will provide the exclusive code for Frensham Sailability members. More supplier

discounts to come. If you have a reliable supplier we should talk to about discounts, please let Mark know.

FPSC 2013/2014 Fee Increases

Paul Phillips, FPS Finance Officer

It was agreed at the Sailability Forum back in November that the Membership Subscriptions for 2013/14 would be maintained at the same level as for the preceding two years. Subsequently FPSC, who hold their AGM after ours, decided to increase their fees for 2013/14 by 20%, which is in addition to a 10% increase for 2012/13. This increase has a direct impact on Sailability because of the membership fees we have to pay the main Sailing Club for each of our boats.

The FPS Management Committee discussed whether, in light of this large increase, we needed to increase our fees for 2013/14. It was agreed that we would honour the level of fees presented at the Forum. However please be aware that this may not be the case in future years and the pressure to introduce a fee increase in future years is becoming increasingly likely.

Making (Air)waves!

Lara Sturgis, FPS Youth Group Sailor

On Monday the 14th March I went to Portsmouth to do an interview at Express FM, which is a local radio station in Portsmouth.

I travelled to Portsmouth with my Dad on a snowy and cold day. When I arrive at the radio station I went in the lift with my Dad to the waiting area where I chatted to Terry who was going to be interviewing me in the radio studio. I also got to chat with some other people who worked at the radio station doing different jobs. Also I had some pictures taken.



Lara in the Express FM waiting area before meeting Terry in the studio.

Then I went down in the lift with Terry first so that I could see what went on behind the radio desk. This was interesting because I got to see what all the controls did on a radio desk. I even got to press some buttons on the radio. This all happened before Mark and Kate came down in the lift to the radio studio for the radio interview.



We talked to Terry about:

- What it means to have Frensham Pond Sailability
- How nice it is to be able to sail with the rest of the sailing club.
- We also talked about how sport is so important to disabled people to keep active.



Competition News

The 2.4 Winter Series was hotly contested despite the sub-zero conditions we endured for much of the time. Congratulations to overall Winter Champion Richard Smallwood and to the highest placed FPS sailor, Peter Gregory.

Of the eight possible Thursday racing sessions this season, three were cancelled or abandoned due to adverse weather conditions. With up to twelve Access helms on the water and six different winners to date, this series will also be hotly contested.

The Access Traveller Trophy series got underway at Whitefriars SC near Cirencester on a cold April day. Five FPS sailors made the trip and took the top places in their classes, Paul Phillips heading Tessa Watkiss and Monique Foster in the 303 singles. In the 2.3 class Lindsay Burns won from Christine David.

Next up was the inaugural TT at Chipstead SC in Kent, a new venue on the circuit. Ten FPS sailors

were welcomed by the hosts on a dry and sunny day. A good breeze made for enjoyable and close racing with FPS doing well in their classes: Paul P just taking the overall win in the 303 Singles from Margaret Foreman and James Woosnam, with Tessa 4th and Monique 5th. A closely contested 303 Doubles class saw Peter & Peta Etherton just edge out Chris Atkin & John Aldridge (Woolverstone) with Andy Sheath & Kate Lintott in 3rd. Lindsay and Christine took a 1-2 in the 2.3 class again.

Four FPS sailors then made the trek up to Carsington for the 3rd TT. In gusty conditions, Monique took the win from Paul P 2nd with Tessa 3rd and Alison Grant 5th. Lindsay took the 2.3 win from Rutland's Pat Crowley and John Coombs.

The Access European Championships were held on Lake Constance at Arbon, Switzerland on 7-12 May. A team of seven FPS sailors & support team competed in three classes with very strong competition: 71 entries from 12 nations. The event was disrupted by the weather but FPS sailor Lindsay Burns saw off a strong Portuguese challenge to take Gold in the 2.3 class and GB's Alex Rickham/Nikki Birrell took Gold in the SKUD.



In the 303 Singles, Margaret Foreman (photo above) was the highest placed female and GB sailor at 9th in a field of 26. Paul P was 10th, Monique 13th, Tessa 15th & Ali 25th. Andy & Ced Sheath came 23rd in the Doubles. Monique's report on her Euros experience is below and full reports on all of these Access events are here: <http://www.yachtsandyachting.com/class/Access>

A European Experience

Monique Foster, FPS Sailor

Sailing on Lake Constance at Arbon was a great experience with conditions that were very different than sailing on the lakes in the UK. We had very light airs during the practise race, and I was pleased that I managed to get a good start with clear air. We had to sail a "Trapezoid Out" course and before we managed to get to the second mark all racing was abandoned for that day. Over the next few days of the regatta the wind slowly began to fill in.

The weather forecast was for really light winds on the first day of racing. Only the single person classes could sail their first races in the morning. Due to the lack of wind, racing for the two person classes was postponed to the next day. During the long periods when we were waiting for some breeze under postponement, I enjoyed the breath-taking scenery of snow covered Mount Santis.



In the photo above, you see me coming in late, I wanted to be on the right hand side of the course, and on port tack as soon as possible. There was little wind and I needed clear air and I wanted to avoid the usual bust up by the committee boat. My plan worked out reasonably well.

We had four racing days; three days had light airs as you can see in this video clip of Day 3:

<http://www.youtube.com/watch?v=8cDQEIIprwM>

On the last day we had plenty of breeze, so much that our last race was abandoned at wind speeds of 25 knots; we could see the lighthouses flashing warnings around the shores of the lake. The photo below shows the stormy conditions on the last day.



My race scores were: 7th, 11th, 12th and 13th and my overall position was 13th. I am very glad to have been able to compete in such a large regatta in a very strong, experienced and large 303-single fleet from across Europe. I will work hard this next twelve months to get a better end result in future regattas. I would like to thank Paul & Claire for bringing the hard seat along from England and also Terry, Becky and Claire for their support.

Frensham 2.4 Open 11/12 May

Report by Jim Morley, Photos courtesy of Allan Franklin

Paralympic contender Megan Pascoe has won this trophy seven times already and she made that eight on the weekend of the 11th/12th May. The fleet of twenty-four was not short of ability, including a top helm from the north of England and two experienced offshore yachtsmen, one a Round the Island winner.

Megan, one of eight visiting helms, went on to win five out of six races although Frensham's honour was restored by an emphatic win in the final race for Bruce Hill in his new boat. Conditions for the first two races on Saturday afternoon were challenging with some gusts in excess of twenty knots. Some boats were forced to retire with rig failures. Competition at the front was tight before Megan pulled away to take both races. In the first race Frensham's Bruce Hill took second place but in the second race and for the next two Megan was challenged by the furthest travelled visitor, Martin Whittingham-Jones from West Kirby SC.



On Sunday the conditions had eased but with some hard gusts and the forecast rain did not appear until very late in the day. Both morning races went to Megan followed by Martin in second place. Post lunch a slight easing in the wind saw Megan take the fifth race followed in second by Frensham's Richard Smallwood.



It was all change for the sixth and last race. Megan was caught in a start line incident and this let Bruce Hill take an unassailable lead. Megan had to settle for second with Steve Bullmore from Poole third. But of course by that time the result had long been decided.

Frensham vice-commodore, Neil Hardie, who had had his first competitive sail in a 2.4, thanked all the competitors, especially those who had travelled from different parts of the UK. He presented the trophy to Megan, who paid a well-deserved tribute to Dan Shaw for his course setting every year, "better than anywhere else...". She did not have to lay on the fact that one slender young lady had totally demolished an all-male fleet. The Overall Results (top five):

- 1st Megan Pascoe (Weymouth SC)
- 2nd Bruce Hill (Frensham)
- 3rd Martin Whittingham-Jones (West Kirby SC)
- 4th Steve Bulmore (Poole SC)
- 5th Richard Smallwood (Frensham)

CALENDAR OF EVENTS JUNE - AUGUST

JUNE:

- 5TH – NFDS RINGWOOD TT (3RD SOUTHERN EVENT)
- 8TH – FPSC 60TH ANNIVERSARY & CLUB OPEN DAY
- 9TH – LIDBA CHARITY BIKE RIDE
- 21ST/23RD – FRENCH ACCESS NATIONALS BORDEAUX
- 30TH – FLEET LIONS FUN FEST, YATELEY

JULY:

- 3RD – FRAMPTON TT (2ND NORTHERN EVENT)
- 13TH – FPSC 10 HOUR RACE (NO SAILABILITY)
- 15TH – BURGHFIELD TT (4TH SOUTHERN EVENT)
- 18TH – LAST DAY OF ABBEY SCHOOL SAILING
- 25TH – DISABILITY INITIATIVE VISIT
- 27TH/28TH – 2.4MR INLAND NATIONALS RUTLAND
- 31ST – NOTTS COUNTY TT (3RD NORTHERN EVENT)

AUGUST:

- 1ST – DISABILITY CHALLENGERS VISIT
- 2ND – SAILABILITY BBQ ☺
- 8TH – NO SAILABILITY (FPSC TRAINING WEEK)
- 9TH/11TH – RYA MULTICLASS REGATTA RUTLAND
- 21ST – WOOLVERSTONE TT (4TH NORTHERN EVENT)
- 28TH – YOUTH GROUP FUN DAY
- 22ND/30TH – IFDS MULTICLASS WORLDS KINSALE
- 31ST – BRISTOL TT (5TH SOUTHERN EVENT)

Tail Piece



Mia gets Megan's Autograph